

Naugatuck Valley League Championships - 5/24/2011
Outdoor Track and Field-Woodland Reg HS CT
EZ Meet Services-Northeast Sports Timing
Performance List

Event 1 Men Pole Vault

MeetRecords: 14-00 2004		Jacob Eanniello	
Name	School	Seed	Mark
1	Nick Gambacini	Holy Cross HS	11-06.00
2	James Finley	Watertown HS	11-06.00
3	Colton Wagner	Naugatuck HS	11-06.00
4	Mitch White	Woodland Reg	11-00.00
5	Jonathan Wilson	Seymour HS	10-06.00
6	Michael Torselli	Woodland Reg	10-06.00
7	James Godin	Holy Cross HS	10-00.00
8	Murphy Jennings	Torrington HS	10-00.00
9	Matt Demirs	Watertown HS	9-06.00
10	Kevin Mendiola	Torrington HS	9-00.00
11	Patrick Alves	Naugatuck HS	8-06.00
12	Joseph Lentz	Crosby	8-00.00

Event 2 Women Pole Vault

MeetRecords: 10-07 2004		Daniella Ponte	
Name	School	Seed	Mark
1	Cassie Anderson	Holy Cross HS	8-06.00
2	Kayla Bleau	Seymour HS	8-00.00
3	Brittany Birtwistle	Watertown HS	7-06.00
4	Cheyenne Fraitse	Torrington HS	7-00.00
5	Claire Burke	Woodland Reg	7-00.00
6	Becky Renzoni	Naugatuck HS	7-00.00
7	Nicole Roy	Wolcott HS	6-06.00
8	Crystal Steinfeld	Woodland Reg	6-06.00
9	Miranda Gursky	Watertown HS	6-06.00
10	Haley Martin	Holy Cross HS	6-06.00
11	Andrea Lugo	Naugatuck HS	6-06.00
12	Cristina Sendra	Naugatuck HS	6-00.00

Event 3 Men Long Jump

MeetRecords: 22-09 2005		Matt Tift	
Name	School	Seed	Mark
1	Amanze Williams	Naugatuck HS	22-11.25
2	Dylan Kruppa	Torrington HS	21-05.00
3	John Chomack	Wolcott HS	21-04.75
4	Brenden Lytton	Torrington HS	21-00.00
5	Daylen Pavia	Crosby	20-11.00
6	Matt Quatrano	Watertown HS	20-10.00
7	Denzel Washington	Sacred Heart	20-06.00
8	Mike Lang	Woodland Reg	20-03.00
9	James Finley	Watertown HS	19-11.00
10	Jon Fitzpatrick	Woodland Reg	19-01.00
11	Luke Grabowski	Seymour HS	19-00.00
12	Mark Hamzy	Holy Cross HS	18-05.00
13	Travis Johnson	Kennedy	18-05.00
14	Nathaniel Buie	Naugatuck HS	18-03.00
15	Steven Ettienne	Sacred Heart	18-00.00
16	Marvin Williams	Kennedy	18-00.00
17	Paul Doboszczak	Holy Cross HS	17-09.00
18	John Talbot	Wolcott HS	17-06.50
19	Corey Butler	Crosby	17-00.00

Event 4 Women Long Jump

MeetRecords: 16-11.50 2008		Liz Galla	
Name	School	Seed	Mark
1	Amy Lamontagne	Watertown HS	16-00.00
2	Ashley Riley	Woodland Reg	16-00.00
3	Ashley Hebert	Wolcott HS	15-05.50
4	Kaitlyn Hill	Watertown HS	15-05.00
5	Melissa Dodge	Watertown HS	15-03.50
6	Sarah Konops	Naugatuck HS	15-02.00
7	Caitlyn Murphy	Seymour HS	15-00.00
8	Ally Bouchard	Wolcott HS	15-00.00
9	Jen Warren	Wolcott HS	14-03.50
10	Sarah McDonnell	Holy Cross HS	14-01.50
11	Destiny Hofler	Kennedy	13-04.00
12	Felicity Croce	Naugatuck HS	13-03.00
13	Chalsea Lamar	Kennedy	13-02.00
14	Olivia Davis	Kennedy	13-00.00
15	Mikyla Jacobs	Sacred Heart	12-10.00
16	Adriana Mihalek	Holy Cross HS	12-05.00
17	Dionne Parker	Sacred Heart	12-04.00
18	Linnette Garcia	Derby HS	11-06.00

Event 5 Men Shot Put

MeetRecords: 55-11.25 1988		Mark Ward	
Name	School	Seed	Mark
1	Brian Overton	Kennedy	51-08.00
2	Justin Guillette	Seymour HS	47-04.00
3	Jaerod Jones	Derby HS	47-02.50
4	Mike Lorusso	Watertown HS	41-11.00
5	Kyle Diaz	Holy Cross HS	40-10.00
6	Franklin Sosa	Torrington HS	40-04.00
7	David Ahearn	Derby HS	40-04.00
8	Dan Bronko	Naugatuck HS	39-07.00
9	Jordan Morrissey	Holy Cross HS	39-07.00
10	Derrick Cox	Crosby	39-00.00
11	David Alves	Woodland Reg	38-11.00
12	Brandon Burgos	Naugatuck HS	38-01.00
13	Dayquon Byrd	Crosby	38-00.00
14	Christian Howieson	Watertown HS	37-00.00
15	Eric Collodel	Woodland Reg	36-08.00
16	Dylan Sadick	Seymour HS	36-07.75
17	Antoine Coote	Wilby HS	36-00.00
18	Mike Derasmo	Sacred Heart	35-06.00
19	Oscar Jean-Baptiste	Kennedy	35-00.00
20	Scott Ackerman	Wolcott HS	34-01.00
21	Matt Collins	Wolcott HS	30-02.00
22	Christopher Rosario	Wilby HS	30-00.00
23	Kevin Mak	Sacred Heart	29-08.00

Event 6 Women Shot Put

MeetRecords: 36-04 2001		Amy Weingart	
Name	School	Seed	Mark
1	Rebecca Darley	Wolcott HS	35-05.50
2	Brittanny Brassell	Seymour HS	31-06.00

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Event 6 ... (Women Shot Put)

Name	School	Seed	Mark
3 Sarah Royals	Torrington HS	31	03.00
4 Blerta Mulla	Kennedy	30	10.00
5 Leslie Smith	Torrington HS	30	02.00
6 Andrea Avila	Seymour HS	29	07.00
7 Daisy Megnath	Crosby	29	00.00
8 Brianna Ritter	Naugatuck HS	28	11.00
9 Monica Niebrzydowski	Naugatuck HS	28	06.00
10 Joanne Vann	Crosby	28	00.00
11 Laura Webster	Seymour HS	27	07.00
12 Shaunna Mango	Watertown HS	27	05.50
13 Olivia Poryanda	Woodland Reg	27	02.00
14 Leanna Velez	Kennedy	27	00.00
15 Quiana Stanley	Naugatuck HS	26	08.00
16 Taylor Richard	Holy Cross HS	26	06.00
17 Erika Tyrrell	Woodland Reg	26	03.00
18 Shannon Conway	Kennedy	26	00.00
19 Claire Cosgrove	Wolcott HS	25	09.00
20 Samantha Picard	Watertown HS	24	09.00
21 Marlena Giannamore	Holy Cross HS	23	05.00
22 Kiona Moore	Sacred Heart	20	08.00
23 Lizabeth Minaya	Wilby HS	20	00.00
24 Tyarra Mcintosh	Wilby HS	20	00.00

Event 7 Men High Jump

MeetRecords:	6-10 1993	John Gatling	
Name	School	Seed	Mark
1 Amanze Williams	Naugatuck HS	6	02.00
2 Travis Johnson	Kennedy	6	00.00
3 Steven Ettienne	Sacred Heart	6	00.00
4 Marvin Williams	Kennedy	5	10.00
5 Landon Kinlow	Seymour HS	5	10.00
6 Luke Grabowski	Seymour HS	5	10.00
7 Jon Fitzpatrick	Woodland Reg	5	08.00
8 Parris Wolfe	Sacred Heart	5	08.00
9 Shane Ireland	Crosby	5	08.00
10 Claude Riviere	Kennedy	5	08.00
11 Adam Santopietro	Wolcott HS	5	06.00
12 Mitchell Szyndlar	Holy Cross HS	5	06.00
13 Mike Lang	Woodland Reg	5	06.00
14 Alex Walsh	Holy Cross HS	5	06.00
15 Mark Hamzy	Holy Cross HS	5	06.00
16 Kevin Rivera	Derby HS	5	04.00
17 Manning Landen	Wilby HS	5	00.00
18 Edward Ellis	Crosby	5	00.00
19 Nathaniel Buie	Naugatuck HS	5	00.00

Event 8 Women High Jump

MeetRecords:	5-04.25 2005	Molly Clayton	
Name	School	Seed	Mark
1 Alyssa Otis	Torrington HS	5	02.00
2 Ashley Hebert	Wolcott HS	5	00.00
3 Ally Bouchard	Wolcott HS	4	10.00
4 Sarah Konops	Naugatuck HS	4	08.00

5 Megan Perrin	Watertown HS	4	08.00
6 Caitlyn Murphy	Seymour HS	4	08.00
7 Paige Wilde	Holy Cross HS	4	08.00
8 Cassie Anderson	Holy Cross HS	4	08.00
9 Sarah McDonnell	Holy Cross HS	4	08.00
10 Amy Lamontagne	Watertown HS	4	06.00
11 Victoria Mone	Watertown HS	4	06.00
12 Dionne Parker	Sacred Heart	4	06.00
13 Ashley Riley	Woodland Reg	4	06.00
14 Mikyla Jacobs	Sacred Heart	4	06.00
15 Mary Sardinkas	Woodland Reg	4	04.00
16 Claire Burke	Woodland Reg	4	04.00
17 Amanda Camponaro	Kennedy	4	02.00
18 Madison Kloc	Naugatuck HS	4	00.00

Event 9 Men Javelin Throw

MeetRecords:	204-04 1977	Dennis Wmth	
Name	School	Seed	Mark
1 Scott Lang	Woodland Reg	162	09
2 Jacob Tomczak	Derby HS	160	06
3 Derrick Cox	Crosby	155	00
4 Matt Zaccagnini	Woodland Reg	150	11
5 Mitchell Szyndlar	Holy Cross HS	147	10
6 Andrew Matos	Ansonia HS	146	10
7 Justin Guillette	Seymour HS	145	03
8 Mike Derasmo	Sacred Heart	145	03
9 Jordan Morrissey	Holy Cross HS	141	03
10 Dylan Sadick	Seymour HS	140	06
11 Ian Bures	Woodland Reg	140	01
12 Mike Nicol	Wolcott HS	140	00
13 Jonathan Wilson	Seymour HS	136	00
14 Matt Hecker	Wolcott HS	134	04
15 Matt Bugryn	Watertown HS	132	09
16 Eric Girolimin	Torrington HS	130	02
17 Zach Holmes	Watertown HS	129	10
18 Matt Nicolari	Derby HS	129	06
19 Brian Overton	Kennedy	120	00
20 Franklin Sosa	Torrington HS	119	02
21 Antoine Coote	Wilby HS	104	00
22 Gianni Rosario	Wilby HS	99	00
23 Zach Sagendorf	Naugatuck HS	95	03

Event 10 Women Javelin Throw

MeetRecords:	128-02 2008	Jess Biercevicz	
Name	School	Seed	Mark
1 Megan Perrin	Watertown HS	106	03.50
2 Taylor Richard	Holy Cross HS	102	10
3 Olivia Poryanda	Woodland Reg	99	02
4 Allison Garman	Seymour HS	97	01
5 Kelsey Deegan	Woodland Reg	95	10
6 Melissa Maysada	Watertown HS	92	00
7 Maggie Collier	Watertown HS	91	05
8 Leslie Smith	Torrington HS	91	03
9 Kim Card	Holy Cross HS	88	01
10 Blerta Mulla	Kennedy	86	11

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Event 10 ... (Women Javelin Throw)

	Name	School	Seed Mark
11	Nikki Tyrrell	Woodland Reg	85-06
12	Joanne Vann	Crosby	85-00
13	Daisy Megnath	Crosby	85-00
14	Gabrielle Greenhill	Derby HS	82-01
15	Laura Webster	Seymour HS	82-00
16	Brittanny Brassell	Seymour HS	78-00
17	Leanna Velez	Kennedy	76-03
18	Alexis Losgar	Sacred Heart	74-00
19	Claire Cosgrove	Wolcott HS	68-08
20	Samantha Rinaldi	Wolcott HS	67-03
21	Tyarra Mcintosh	Wilby HS	66-00
22	Quiana Stanley	Naugatuck HS	60-09
23	Lizabeth Minaya	Wilby HS	55-00
24	Felicity Croce	Naugatuck HS	48-00

Event 11 Men Triple Jump

MeetRecords:	46-01 1993	John Gatling	
	Name	School	Seed Mark
1	Amanze Williams	Naugatuck HS	45-06.00
2	Denzel Washington	Sacred Heart	43-06.00
3	Daylen Pavia	Crosby	41-00.00
4	Mark Hamzy	Holy Cross HS	40-03.00
5	Eddy Velazquez	Derby HS	39-04.50
6	Marvin Williams	Kennedy	39-00.00
7	Winston Spence	Holy Cross HS	38-06.50
8	RJ Marchinkoski	Watertown HS	38-00.00
9	Jarrett Kuegler	Watertown HS	37-10.00
10	Austin Kelson	Torrington HS	37-08.00
11	Walter Lewis	Torrington HS	37-08.00
12	Dan Bronko	Naugatuck HS	37-00.00
13	Jon Fitzpatrick	Woodland Reg	36-07.00
14	Corey Butler	Crosby	36-06.00
15	Kevin Rivera	Derby HS	36-04.00
16	John Talbot	Wolcott HS	35-05.50
17	Freddie Wanjohin	Kennedy	35-00.00
18	John Chomack	Wolcott HS	33-02.50

Event 12 Women Triple Jump

MeetRecords:	36-05.50 2007	Brooke Johnson	
	Name	School	Seed Mark
1	Jiye Park	Woodland Reg	33-03.50
2	Amy Lamontagne	Watertown HS	33-02.00
3	Ashley Riley	Woodland Reg	32-02.00
4	Hayley Fehrs	Wolcott HS	31-10.00
5	Alyssa Otis	Torrington HS	31-06.00
6	Melissa Dodge	Watertown HS	31-06.00
7	Paige Wilde	Holy Cross HS	30-11.00
8	Cassie Anderson	Holy Cross HS	30-09.00
9	Mikyla Jacobs	Sacred Heart	30-08.00
10	Jen Warren	Wolcott HS	30-00.00
11	Destiny Hoffer	Kennedy	29-08.00
12	Caitlyn Murphy	Seymour HS	29-04.50
13	Felicity Croce	Naugatuck HS	29-00.00

14	Kelly Kobani	Sacred Heart	27-06.00
15	Kelsey Deegan	Woodland Reg	27-06.00
16	Victoria Mone	Watertown HS	27-03.00
17	Dionne Parker	Sacred Heart	27-01.00
18	Linnette Garcia	Derby HS	24-06.00

Event 13 Men Discus Throw

MeetRecords:	155-04 1965	John Hunt	
	Name	School	Seed Mark
1	Dan Bronko	Naugatuck HS	135-08
2	Brian Overton	Kennedy	133-00
3	Mike Lorusso	Watertown HS	123-06
4	Nick Burns	Seymour HS	119-03.50
5	Jacob Tomczak	Derby HS	117-05
6	Nick Milite	Holy Cross HS	117-05
7	Justin Guillette	Seymour HS	116-06
8	Dayquon Byrd	Crosby	115-00
9	Jaerod Jones	Derby HS	112-08
10	David Alves	Woodland Reg	108-03
11	Floyd Myrie	Torrington HS	107-10
12	Brian Bodea	Wilby HS	106-00
13	Eric Collodel	Woodland Reg	103-05
14	Sam Hunter	Holy Cross HS	103-05
15	Antoine Coote	Wilby HS	100-00
16	Daniel Favale	Watertown HS	99-11
17	Brandon Burgos	Naugatuck HS	92-05
18	Nick Bartoli	Wolcott HS	92-00
19	Carlos Longo	Crosby	85-00
20	Oscar Jean-Baptiste	Kennedy	85-00
21	Mike Watts	Wolcott HS	71-05

Event 14 Women Discus Throw

MeetRecords:	112-08 2000	Rona Clement	
	Name	School	Seed Mark
1	Laura Webster	Seymour HS	103-10
2	Brianna Ritter	Naugatuck HS	96-05
3	Leslie Smith	Torrington HS	88-01
4	Andrea Avila	Seymour HS	87-10
5	Monica Niebrzydowski	Naugatuck HS	82-09
6	Daisy Megnath	Crosby	78-00
7	Olivia Poryanda	Woodland Reg	74-10
8	Erika Tyrrell	Woodland Reg	71-05
9	Brittanny Brassell	Seymour HS	70-04.50
10	Joanne Vann	Crosby	70-00
11	Blerta Mulla	Kennedy	67-08
12	Melissa Maysada	Watertown HS	64-01
13	Antionette Badillo	Kennedy	62-10
14	Rebecca Darley	Wolcott HS	61-03
15	Tyler Barthe	Holy Cross HS	58-10
16	Alexis Rhodes	Holy Cross HS	58-00
17	Samantha Picard	Watertown HS	57-03.50
18	Kimberly Gendzinski	Sacred Heart	53-03
19	Samantha Rinaldi	Wolcott HS	50-02
20	Lizabeth Minaya	Wilby HS	44-00
21	Tyarra Mcintosh	Wilby HS	40-00

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Event 15 Women 4x800 Meter Relay**MeetRecords: 9:51.30 2006****K.Jacobson, C.Ponte, M.Loya, R.Wright**

Team	Relay	Seed Time
1 Naugatuck HS		10:31.00
1) Becky Renzoni	2) Katarina Gullotta	
3) Jordyn Allen	4) Gabrielle Moriello	
5) Cristina Sendra	6) Kelly Koslosky	
2 Watertown HS		10:42.13
1) Jillian Woodring	2) Jillian Hughson	
3) Mikey Therrien	4) Zoe Kelly	
5) Alicen Finley	6) Claudia Ghisa	
3 Wolcott HS		10:48.00
1) Julia Bickford	2) Maggie Forte	
3) Chelsea Santa Lucia	4) Taylor Vanasse	
5) Meghan Kelly		
4 Woodland Reg		10:51.00
1) Crystal Steinfeld	2) Melissa Kiley	
3) Sydney Corneau	4) Mary Sardinkas	
5) Audra Blewitt	6) Hannah Deegan	
5 Holy Cross HS		11:26.50
1) Ashley Lopez	2) Mary Malley	
3) Rebecca Raimo	4) Kelsey Rowley	
5) Emily Barker	6) Christina O'Neil	
6 Kennedy		12:30.00
1) Alyssa Hughes	2) Jennifer Marrone	
3) Celeste Lugo	4) Kristina Laurasa	
5) Knychelle Passmore		

Event 16 Men 4x800 Meter Relay**MeetRecords: 8:13.17 2008**

Team	Relay	Seed Time
1 Naugatuck HS		8:19.00
1) Patrick Alves	2) Nick Moriello	
3) Jake Simons	4) Muad Hrezi	
5) Michael Uva	6) Jake Lisakolsky	
2 Holy Cross HS		8:22.00
1) Adam Quicquaro	2) Matt Satkowski	
3) Dan Creem	4) Patsy Casolino	
3 Watertown HS		8:23.00
1) Doug Sasso	2) Emmett Rafferty	
3) Marc Giroux	4) Tom Woerner	
5) Tom Szarkowicz	6) Nate Hoey	
4 Woodland Reg		8:28.00
1) Nick Hebert	2) Marc Beaulieu	
3) Adam Baz	4) Eric Dietz	
5) Kyle Cranney	6) Ian Chamenko	
5 Derby HS		8:39.91
1) Eric Asare	2) Branden Burke	
3) Hector Vazquez	4) Jonathan Dean	
5) Guillermo Sanchez	6) Robert Holt	

6 Seymour HS		8:44.10
1) Brandon Straborny	2) Kevin Walkley	
3) Kevin Saksa	4) Tommy Saksa	
5) Adam Skirkanich		
7 Crosby		8:47.01
1) Michael Hopkins	2) Devlin Anes	
3) John Paul Fermin	4) Joseph Lentz	
5) Marcos Perez		
8 Torrington HS		8:48.00
1) Craig Peterson	2) Ian Hogan	
3) Chris DeLouis	4) Marco Monroy	
5) Matt Young		
9 Wolcott HS		9:24.00
1) Dustin Lavoie	2) Dean Mannillo	
3) Chris Elsdon	4) Caleb Sisson	
5) Zack Plourde		
10 Wilby HS		9:40.00
1) Carlos Batista	2) Jerome James	
3) Paulo Paris	4) Michael Coleman	
5) Matt Evora		

Event 17 Men 4x100 Meter Relay**MeetRecords: 43.50 1990****A.Lombardi, T.Burton, A.Warren, R.Evans**

Team	Relay	Seed Time
1 Crosby		44.30
1) Denzel Jones	2) Gewaun Coggins	
3) Peter Bradshaw	4) Daylen Pavia	
2 Kennedy		44.40
1) Tyrese Overton	2) Josh Torres-Dozier	
3) Barry Staples	4) Trevin Burke	
5) Miguel Garcia		
3 Holy Cross HS		44.70
1) Chris D'Esposito	2) Joe Lynch	
3) Anton Qetta	4) Adrian Brown	
5) David DiGiorgi		
4 Naugatuck HS		44.89
1) Thomas O'Brien	2) Jamaal Gee	
3) Iman Farimani	4) Nathaniel Buie	
5) Colin Reilly	6) Kevin Ugalde	
5 Sacred Heart		44.90
1) David Coggins	2) Jaquan Overbey	
3) Denzel Washington	4) Steven Ettienne	
6 Torrington HS		45.60
1) Walter Lewis	2) Brenden Lytton	
3) Franklin Sosa	4) Floyd Myrie	
7 Woodland Reg		45.60
1) Mike Lang	2) Nick LaPerriere	
3) Matt Zaccagnini	4) Craig Genz	
5) Mitch White	6) Ryan Greenwood	
8 Wilby HS		46.00
1) Manning Landen	2) Thomas King2	
3) Ben Jacques	4) Jay'len Mahan	
5) Quinton Pitman		

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Event 17 ... (Men 4x100 Meter Relay)

Team	Relay	Seed Time
9 Wolcott HS		46.66
1) DeVante Bonvillian	2) Pat Byrne	
3) Jon Cullen	4) Joe Russo	
10 Watertown HS		46.80
1) RJ Marchinkoski	2) Joshua Brinckerhoff	
3) Matt Demirs	4) Zach Holmes	
5) Sean Moran	6) Jett Watkins	

Event 18 Women 4x100 Meter Relay

MeetRecords:	50.56	2008		
Team	Relay	Seed Time		
1 Woodland Reg		50.90		
1) Arica Watford	2) Stephanie Dumond			
3) Tayler Boncal	4) Jiye Park			
5) Ashley Michie	6) Audra Blewitt			
2 Watertown HS		51.56		
1) Kaitlyn Hill	2) Lauren Scully			
3) Lindsey Sasso	4) Melissa Dodge			
5) Brittany Birtwistle	6) Megan Perrin			
3 Kennedy		51.80		
1) Davonique Johnson	2) Samantha Conyers			
3) Bianca Torres-Dozier	4) Imani Braxton			
4 Naugatuck HS		52.81		
1) Shannon Hale	2) Jocelyn Brantley			
3) Georgette Nixon	4) Sarah Konops			
5) Zoila Jurado	6) Kelly Koslosky			
5 Crosby		53.50		
1) Ajah Mosley	2) tanaya singleton			
3) Shakira Moore	4) Mercedes Venn			
6 Holy Cross HS		54.00		
1) Meghan Morelli	2) Brianna Sheetz			
3) Teriana Liovvi	4) Stephanie Varanelli			
5) Chloe Ciarlo	6) Chelsea Hart			
7 Wolcott HS		54.10		
1) Kimmie Benson	2) Peyton Schultz			
3) Kristine Byrnes	4) Andrea BonHomme			
8 Torrington HS		54.50		
1) Mariah Cerruto	2) Kelly Ellsmore			
3) Caroline Teti	4) Toni Wilson			

Event 19 Men 110 Meter Hurdles Prelims

MeetRecords:	14.30	1995		
Name	School	Seed Time		
1 Tim Madormo	Woodland Reg	16.20		
2 Dan Fazzino	Holy Cross HS	16.50		
3 Jarrett Kuegler	Watertown HS	16.80		
4 Luke Grabowski	Seymour HS	17.00		
5 Myles Page	Sacred Heart	17.10		
6 Ian Bures	Woodland Reg	17.30		
7 Matt Wright	Wolcott HS	17.50		
8 Mike Critelli	Wolcott HS	17.60		
9 Gredi Gracari	Holy Cross HS	17.70		
10 Elia D'Onofrio	Derby HS	17.80		

11 James Finley	Watertown HS	18.20
12 James Phan	Derby HS	19.00
13 Luis Carvalho	Naugatuck HS	19.26
14 Carlos Longo	Crosby	19.80
15 Tyshawn Coates	Crosby	19.80
16 Colton Wagner	Naugatuck HS	21.58

Event 20 Women 100 Meter Hurdles Prelims

MeetRecords:	15.13	1993		
Name	School	Seed Time		
1 Sara Barnick	Watertown HS	15.90		
2 Samantha Conyers	Kennedy	16.10		
3 Sarah Royals	Torrington HS	16.49		
4 Bianca Dozier-Torres	Kennedy	17.10		
5 Eimante Eidukaityte	Wolcott HS	17.30		
6 Tajee Fuller	Kennedy	17.60		
7 Brittany Williams	Seymour HS	18.00		
8 Zoila Jurado	Naugatuck HS	18.00		
9 Shaunna Mango	Watertown HS	18.07		
10 Robyn Grimshaw	Holy Cross HS	18.80		
11 Riley Shaw	Woodland Reg	19.80		
12 Monica McGinnis	Wolcott HS	20.60		
13 Sarah Eboniti	Crosby	23.20		

Event 21 Men 100 Meter Dash Prelims

MeetRecords:	10.74	2005		
Name	School	Seed Time		
1 Jaquan Overbey	Sacred Heart	10.90		
2 David Coggins	Sacred Heart	10.90		
3 Peter Bradshaw	Crosby	11.20		
4 Brenden Lytton	Torrington HS	11.20		
5 Stephon Walsh	Watertown HS	11.20		
6 Jamaal Gee	Naugatuck HS	11.30		
7 Thomas O'Brien	Naugatuck HS	11.30		
8 Iman Farimani	Naugatuck HS	11.32		
9 Chris D'Esposito	Holy Cross HS	11.50		
10 Adrian Brown	Holy Cross HS	11.60		
11 Andrew Matos	Ansonia HS	11.70		
12 Tyrese Overton	Kennedy	11.80		
13 Ryan Greenwood	Woodland Reg	11.80		
14 Corey Butler	Crosby	11.80		
15 Thomas King2	Wilby HS	11.80		
16 Manning Landen	Wilby HS	11.90		
17 Ali Cofield	Kennedy	11.90		
18 Joe Russo	Wolcott HS	11.98		
19 Ron Jennings	Woodland Reg	12.00		
20 Zach Holmes	Watertown HS	12.00		
21 Jon Cullen	Wolcott HS	12.22		

Event 22 Women 100 Meter Dash Prelims

MeetRecords:	12.38	1999		
Name	School	Seed Time		
1 Arica Watford	Woodland Reg	12.40		
2 Stephanie Dumond	Woodland Reg	12.50		
3 Jocelyn Brantley	Naugatuck HS	12.70		

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Event 22 ... (Women 100 Meter Dash Prelims)

Name	School	Seed Time
4 Katie Bobinski	Holy Cross HS	12.80
5 Mercedes Venn	Crosby	12.90
6 Imani Braxton	Kennedy	13.00
7 Shay Cronin	Holy Cross HS	13.20
8 Kristen Byrnes	Wolcott HS	13.30
9 Ashley Michie	Woodland Reg	13.40
10 Gemma Acheampong	Wilby HS	13.50
11 Stephanie Varanelli	Holy Cross HS	13.50
12 Janell Malcolm	Wilby HS	13.50
13 Kelly Kobani	Sacred Heart	13.60
14 Dionnesia Cross	Kennedy	13.80
15 Caroline Teti	Torrington HS	13.90
16 Andrea BonHomme	Wolcott HS	13.90
17 tanaya singleton	Crosby	14.10

Event 23 Men 1600 Meter Run

MeetRecords: 4:25.81 2009		Chris Bendtsen	
Name	School	Seed Time	
1 Muad Hrezi	Naugatuck HS	4:20.45	
2 Dave Scheibenpflug	Wolcott HS	4:40.00	
3 Tom Woermer	Watertown HS	4:40.60	
4 Banuka Mahabamunge	Crosby	4:42.01	
5 Moe Shaw	Watertown HS	4:44.80	
6 Alex Dumschott	Watertown HS	4:45.00	
7 Ian Hogan	Torrington HS	4:47.00	
8 Jonathan Dean	Derby HS	4:48.00	
9 Charlie Harris	Wilby HS	4:48.10	
10 Nick Hebert	Woodland Reg	4:51.20	
11 Kevin Walkley	Seymour HS	4:54.00	
12 John Paul Fermin	Crosby	4:55.00	
13 Branden Burke	Derby HS	4:56.34	
14 Stu Sporko	Wolcott HS	4:56.90	
15 John Ducham	Kennedy	5:00.00	
16 Kevin Saksa	Seymour HS	5:03.50	
17 Justin Wimer	Holy Cross HS	5:07.00	
18 Michael Uva	Naugatuck HS	5:07.00	
19 Matt Moutinho	Woodland Reg	5:10.60	
20 Sam Verzino	Holy Cross HS	5:13.00	
21 Paulo Paris	Wilby HS	5:30.00	

Event 24 Women 1600 Meter Run

MeetRecords: 5:00.10 2004		Aimee Schumacher	
Name	School	Seed Time	
1 Caitlin Forte	Wolcott HS	5:20.27	
2 Jordyn Allen	Naugatuck HS	5:24.98	
3 Jillian Woodring	Watertown HS	5:41.80	
4 Zoe Kelly	Watertown HS	5:42.40	
5 Stephanie Orts	Seymour HS	5:45.90	
6 Julia Bickford	Wolcott HS	5:50.00	
7 Mary Malley	Holy Cross HS	5:50.00	
8 Crystal Steinfeld	Woodland Reg	5:55.10	
9 Michaela Bottari	Torrington HS	6:01.00	
10 Miranda Moffat	Woodland Reg	6:05.30	

11 Claudia Ghisa	Watertown HS	6:06.90
12 Anna Guay	Sacred Heart	6:16.00
13 Katarina Gullotta	Naugatuck HS	6:26.00
14 Christina O'Neil	Holy Cross HS	6:33.00
15 Alyssa Hughes	Kennedy	6:50.00
16 Emily Drewry	Sacred Heart	6:52.00
17 Jennifer Marrone	Kennedy	6:55.00

Event 25 Men 400 Meter Dash

MeetRecords: 49.40 1979		Peter Arduino	
Name	School	Seed Time	
1 Matt Quatrano	Watertown HS	50.20	
2 Eric Dietz	Woodland Reg	51.50	
3 Shane Ireland	Crosby	51.90	
4 Dylan Kruppa	Torrington HS	52.06	
5 Gewaun Coggins	Crosby	52.30	
6 Nick LaPerriere	Woodland Reg	52.60	
7 David Coggins	Sacred Heart	53.40	
8 Austin Kelson	Torrington HS	53.80	
9 Ben Jacques	Wilby HS	53.90	
10 Hector Vazquez	Derby HS	54.20	
11 Shaiquan Arline	Kennedy	55.00	
12 Ali Cofield	Kennedy	55.00	
13 Jake Fonseca	Holy Cross HS	55.10	
14 Colin Reilly	Naugatuck HS	55.10	
15 Adam Skirkanich	Seymour HS	55.80	
16 Daquan Dowell	Derby HS	56.00	
17 Mike DiFrancesco	Holy Cross HS	56.00	
18 Chris Elsdon	Wolcott HS	56.00	
19 Joshua Brinckerhoff	Watertown HS	56.80	
20 Colton Wagner	Naugatuck HS	57.50	
21 Jordon Ouellette	Sacred Heart	59.20	
22 Carlos Batista	Wilby HS	1:02.00	

Event 26 Women 400 Meter Dash

MeetRecords: 58.08 2004		Jessica Weyman	
Name	School	Seed Time	
1 Tayler Boncal	Woodland Reg	59.20	
2 Ajah Mosley	Crosby	1:01.07	
3 Imani Braxton	Kennedy	1:02.70	
4 Lindsey Sasso	Watertown HS	1:02.80	
5 Lauren Scully	Watertown HS	1:04.40	
6 Mariah Cerruto	Torrington HS	1:04.70	
7 Kelly Kobani	Sacred Heart	1:05.00	
8 Davonique Johnson	Kennedy	1:05.00	
9 Keili Sullivan	Holy Cross HS	1:05.10	
10 Georgette Nixon	Naugatuck HS	1:05.10	
11 Gemma Acheampong	Wilby HS	1:05.10	
12 Alicen Finley	Watertown HS	1:05.30	
13 Peyton Schultz	Wolcott HS	1:05.80	
14 Kimmie Benson	Wolcott HS	1:06.80	
15 Sydney Corneau	Woodland Reg	1:07.10	
16 Chloe Ciarlo	Holy Cross HS	1:08.70	
17 Latrice Grant	Crosby	1:10.01	

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Event 27 Men 300 Meter Hurdles

MeetRecords: 39.78 2002		TJ Gonzalez	
Name	School	Seed Time	
1	Dan Fazzino	Holy Cross HS	42.10
2	Mike Critelli	Wolcott HS	43.10
3	Tim Madormo	Woodland Reg	43.50
4	Patsy Casolino	Holy Cross HS	43.80
5	Craig Genz	Woodland Reg	43.90
6	Tommy Saksa	Seymour HS	44.10
7	Charles Rogers-Shaw	Torrington HS	44.40
8	Ian Bures	Woodland Reg	44.40
9	Jarrett Kuegler	Watertown HS	44.70
10	Pat Byrne	Wolcott HS	45.00
11	Josh Alvarado	Crosby	45.00
12	Matt Wright	Wolcott HS	45.10
13	Matt Demirs	Watertown HS	45.50
14	Elia D'Onofrio	Derby HS	45.90
15	Luis Carvalho	Naugatuck HS	46.95
16	Myles Page	Sacred Heart	48.50
17	James Phan	Derby HS	48.54
18	Andres Jimenez	Naugatuck HS	49.14
19	Tyshawn Coates	Crosby	51.20

Event 28 Women 300 Meter Hurdles

MeetRecords: 44.47 1993		Chanessa Saunders	
Name	School	Seed Time	
1	Sarah Royals	Torrington HS	48.10
2	Eimante Eidukaityte	Wolcott HS	49.40
3	Shannon Hale	Naugatuck HS	50.06
4	Kayla Bleau	Seymour HS	50.20
5	Bianca Dozier-Torres	Kennedy	51.30
6	Sara Barnick	Watertown HS	51.80
7	Shaunna Mango	Watertown HS	52.24
8	Melanie Mangco	Torrington HS	53.80
9	Brittany Williams	Seymour HS	53.80
10	Dionnesia Cross	Kennedy	53.80
11	Tajee Fuller	Kennedy	54.00
12	Riley Shaw	Woodland Reg	55.30
13	Brianna Sheetz	Holy Cross HS	55.80
14	Robyn Grimshaw	Holy Cross HS	56.20
15	Zoila Jurado	Naugatuck HS	56.50
16	Megan Skura	Wolcott HS	57.20
17	Sarah Eboniti	Crosby	1:05.01

Event 29 Men 800 Meter Run

MeetRecords: 1:57.00 1983		Lee Davidson	
Name	School	Seed Time	
1	Nick Moriello	Naugatuck HS	1:59.12
2	Joe Gioielli	Wolcott HS	1:59.49
3	Charlie Harris	Wilby HS	2:01.00
4	Kyle Cranney	Woodland Reg	2:02.65
5	Eric Asare	Derby HS	2:04.86
6	Jake Simons	Naugatuck HS	2:06.00
7	Banuka Mahabamunge	Crosby	2:06.01

8	Marc Giroux	Watertown HS	2:06.50
9	Adam Quicquaro	Holy Cross HS	2:06.60
10	Adam Baz	Woodland Reg	2:06.80
11	Marc Beaulieu	Woodland Reg	2:07.10
12	Doug Sasso	Watertown HS	2:08.00
13	Brandon Straborny	Seymour HS	2:09.90
14	Trayvonn Diaz	Wilby HS	2:10.00
15	Matt Satkowski	Holy Cross HS	2:10.90
16	Caleb Sisson	Wolcott HS	2:11.00
17	Marco Monroy	Torrington HS	2:11.00
18	Devlin Anes	Crosby	2:12.01
19	John Ducham	Kennedy	2:15.00
20	Bryan Luis	Sacred Heart	2:19.00

Event 30 Women 800 Meter Run

MeetRecords: 2:21.76 2008		Tori Pisco	
Name	School	Seed Time	
1	Megan Bobinski	Holy Cross HS	2:22.10
2	Erika Pakalnis	Holy Cross HS	2:31.30
3	Gabrielle Moriello	Naugatuck HS	2:34.00
4	Stephanie Orts	Seymour HS	2:34.70
5	Zoe Kelly	Watertown HS	2:35.90
6	Jillian Hughson	Watertown HS	2:39.04
7	Mikey Therrien	Watertown HS	2:39.74
8	Maggie Forte	Wolcott HS	2:40.00
9	Melissa Kiley	Woodland Reg	2:40.30
10	Chelsea Santa Lucia	Wolcott HS	2:42.00
11	Cristina Sendra	Naugatuck HS	2:45.00
12	Michaela Bottari	Torrington HS	2:47.00
13	Hannah Deegan	Woodland Reg	2:51.70
14	Alyssa Hughes	Kennedy	2:56.00
15	Anna Guay	Sacred Heart	2:58.00
16	Amanda Camponaro	Kennedy	3:00.00
17	Emily Drewry	Sacred Heart	3:05.00

Event 31 Men 200 Meter Dash

MeetRecords: 21.75 2009		Aaron Radden	
Name	School	Seed Time	
1	Stephon Walsh	Watertown HS	22.40
2	Jamaal Gee	Naugatuck HS	23.03
3	Peter Bradshaw	Crosby	23.20
4	Jaquan Overbey	Sacred Heart	23.40
5	Iman Farimani	Naugatuck HS	23.50
6	Craig Genz	Woodland Reg	23.60
7	Trevin Burke	Kennedy	23.70
8	Thomas O'Brien	Naugatuck HS	23.70
9	DeVante Bonvillian	Wolcott HS	23.73
10	Denzel Jones	Crosby	23.80
11	Tyrese Overton	Kennedy	23.90
12	Barry Staples	Kennedy	24.00
13	Jay'len Mahan	Wilby HS	24.02
14	Quinton Pitman	Wilby HS	24.02
15	Thomas King2	Wilby HS	24.02
16	Chris D'Esposito	Holy Cross HS	24.10
17	Andrew Matos	Ansonia HS	24.10

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Event 31 ...(Men 200 Meter Dash)

Name	School	Seed Time
18 Joshua Brinckerhoff	Watertown HS	24.20
19 Adrian Brown	Holy Cross HS	24.30
20 Matt Nicolari	Derby HS	24.50
21 Jonathan Wilson	Seymour HS	24.60
22 Joe Russo	Wolcott HS	24.65
23 Brett Fowler	Woodland Reg	25.70

Event 32 Women 200 Meter Dash

MeetRecords: 25.66 1989		Leniecia Ward	
Name	School	Seed Time	
1 Samantha Conyers	Kennedy	26.20	
2 Katie Bobinski	Holy Cross HS	26.37	
3 Tayler Boncal	Woodland Reg	26.60	
4 Jocelyn Brantley	Naugatuck HS	26.89	
5 Shay Cronin	Holy Cross HS	27.40	
6 Jiye Park	Woodland Reg	27.50	
7 Arica Watford	Woodland Reg	27.72	
8 Davonique Johnson	Kennedy	27.80	
9 Eimante Eidukaityte	Wolcott HS	28.30	
10 Gemma Acheampong	Wilby HS	28.60	
11 Janell Malcolm	Wilby HS	28.60	
12 Ashley Hebert	Wolcott HS	28.70	
13 Shakira Moore	Crosby	29.70	
14 Sara Barnick	Watertown HS	29.80	
15 Latrice Grant	Crosby	29.90	

Event 33 Men 3200 Meter Run

MeetRecords: 9:30.00 1976		Gerry Whitacker	
Name	School	Seed Time	
1 Muad Hrezi	Naugatuck HS	9:33.33	
2 Dave Scheibenpflug	Wolcott HS	9:57.43	
3 Tom Woermer	Watertown HS	10:09.00	
4 Dan Creem	Holy Cross HS	10:16.20	
5 Quinton Hoey	Watertown HS	10:24.60	
6 Emmett Rafferty	Watertown HS	10:29.70	
7 Kevin Walkley	Seymour HS	10:31.74	
8 Jonathan Dean	Derby HS	10:41.12	
9 Stu Sporko	Wolcott HS	10:55.00	
10 Joe Reynolds	Woodland Reg	11:01.00	
11 Michael Uva	Naugatuck HS	11:04.00	
12 Branden Burke	Derby HS	11:08.26	
13 Slater Roosa	Holy Cross HS	11:08.60	
14 Ian Chamenko	Woodland Reg	11:12.00	
15 Matt Young	Torrington HS	11:12.00	
16 John Ducham	Kennedy	11:28.00	

Event 34 Women 3200 Meter Run

MeetRecords: 10:50.90 2004		Aimee Schumacher	
Name	School	Seed Time	
1 Caitlin Forte	Wolcott HS	11:57.50	
2 Jillian Woodring	Watertown HS	12:08.00	
3 Stephanie Orts	Seymour HS	12:38.80	
4 Jordyn Allen	Naugatuck HS	12:44.84	

5 Kelsey Rowley	Holy Cross HS	13:14.00
6 Taylor Vanasse	Wolcott HS	13:18.00
7 Mary Sardinkas	Woodland Reg	13:21.00
8 Claudia Ghisa	Watertown HS	13:23.79
9 Miranda Moffat	Woodland Reg	13:30.00
10 Rebecca Raimo	Holy Cross HS	13:44.00
11 Katarina Gullotta	Naugatuck HS	14:10.00

Event 35 Men 4x400 Meter Relay

MeetRecords: 3:25.53 2007			
B.Gordon, A.Corradore, A.Harriott, J.Perry			
Team	Relay	Seed Time	
1 Watertown HS		3:31.80	
1) Mike Lorusso	2) Marc Giroux		
3) Stephon Walsh	4) Matt Quatrano		
5) Doug Sasso	6) Alex Dumschott		
2 Crosby		3:32.00	
1) Banuka Mahabamunge	2) Denzel Jones		
3) Shane Ireland	4) Gewaun Coggins		
3 Woodland Reg		3:32.50	
1) Nick LaPerriere	2) Adam Baz		
3) Marc Beaulieu	4) Eric Dietz		
5) Kyle Cranney	6) Tim Madormo		
4 Wilby HS		3:34.00	
1) Michael Coleman	2) Charlie Harris		
3) Ben Jacques	4) Quinton Pitman		
5) Trayvonn Diaz			
5 Kennedy		3:40.00	
1) Trevin Burke	2) Ali Cofield		
3) Barry Staples	4) Josh Torres-Dozier		
5) Shaiquan Arline			
6 Wolcott HS		3:41.00	
1) DeVante Bonvillian	2) Mike Critelli		
3) Joe Gioielli	4) Chris Elsdon		
7 Naugatuck HS		3:42.00	
1) Jake Simons	2) Colin Reilly		
3) Luis Carvalho	4) Nick Moriello		
5) Andres Jimenez	6) Patrick Alves		
8 Holy Cross HS		3:42.10	
1) Mike DiFrancesco	2) Adam Quicquaro		
3) Matt Satkowski	4) Patsy Casolino		
9 Derby HS		3:42.89	
1) Eric Asare	2) Hector Vazquez		
3) Matt Nicolari	4) Daquan Dowell		
5) Eddy Velazquez	6) Guillermo Sanchez		
10 Seymour HS		3:43.10	
1) Kevin Saksa	2) Tommy Saksa		
3) Adam Skirkanich	4) Brandon Straborny		
5) Jonathan Wilson	6) Landon Kinlow		

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Event 36 Women 4x400 Meter Relay**MeetRecords: 4:05.90 2006****V.Robinson, C.Hackett, E.Bennett, N.Germosen**

Team	Relay	Seed Time
1 Holy Cross HS		4:12.00
1) Shay Cronin	2) Erika Pakalnis	
3) Megan Bobinski	4) Katie Bobinski	
5) Keili Sullivan	6) Chloe Ciarlo	
2 Watertown HS		4:24.92
1) Lauren Scully	2) Kaitlyn Hill	
3) Alicen Finley	4) Lindsey Sasso	
5) Jillian Hughson	6) Mikey Therrien	
3 Wolcott HS		4:26.00
1) Kimmie Benson	2) Peyton Schultz	
3) Sydney Hoben	4) Caitlin Forte	
4 Naugatuck HS		4:30.00
1) Shannon Hale	2) Georgette Nixon	
3) Becky Renzoni	4) Gabrielle Moriello	
5) Madison Kloc	6) Kelly Koslosky	
5 Crosby		4:35.00
1) Latrice Grant	2) Ajah Mosley	
3) Shakira Moore	4) Mercedes Venn	
6 Woodland Reg		4:36.00
1) Audra Blewitt	2) Ashley Michie	
3) Sydney Corneau	4) Stephanie Dumond	
5) Hannah Deegan	6) Melissa Kiley	
7 Kennedy		4:58.00
1) Olivia Davis	2) Chalsea Lamar	
3) Amanda Camponaro	4) Dionnesia Cross	
5) Knychelle Passmore		